



FunShops Offered Sessions 1 & 2
Friday, March 5, 2010 (8:10 p.m.)
Saturday, March 6, 2010 (10:00 a.m.)

A. Constructing Budgets: Cherry Hedges - Come see how to “construct” a basic budget and stick to it. Also, learn some tips that you can pass on to your children, especially teenagers. (Referred by Beverly Rutherford)

B. Estate Planning, Wills & Trusts: Melanie Lee - Come hear the latest on estate-planning, wills, and tax law demands to ensure your estate goes to your intended beneficiaries. Arm yourself with the information you need to make an informed decision about your family's future.

C. Finishing Touches: Becky Bolhuis - Come hear some ideas that will help you make your next social event, dinner party or birthday special. These are inexpensive and creative ways to add a personal finishing touch to any event and make your guests (guest of honor) feel special. Come learn how to make the ordinary, EXTRAORDINARY!

D. Frugal Living So We Can Do More Giving: Allison Burns - If you are excited and interested in living better for less, then this is the place for you! I want to give you the opportunity to become a savvy "Couponista" as well as explore helpful hints to drastically decrease your living expenses. Frugal living can unlock financial freedom and the ability to give to others...one deal at a time!

E. How Does Your Garden Grow?: Donna Harrison - Learn how to start or maintain the backyard garden. In-ground or container gardens give you the benefit of fresh veggies. Receive tips on canning, freezing, making jellies, pickles, and more.

F. Jewelry Class: Barbara Barrett - Come and learn a great way to learn jewelry-making techniques. You'll learn how to make a necklace, bracelets, and/or earrings. Class size limited to 40 participants. Cost of \$7.00 per attendee.

G. Journal The Journey: Carol Williams - You keep photos, letters, cards and scrapbooks in order to recall vacations and other memorable events in your life. Your spiritual journey with Jesus is the most memorable trip you will ever take this side of Heaven. Learn to keep a meaningful journal that will encourage and inspire you along the way.

H. Kids In The Kitchen: Shirley Carley - Remember making cookies with Grandma? What better bonding experience is there than preparing food with your child? Come get some tips, recipes, and ideas, as well as some yummy snacks! This FunShop is geared toward mothers and grandmothers of toddlers and young children.

I. LOL: Linda Lafoon - Is your laugh-muscle getting its share of exercise? Only humans have this rare and unique ability. Laughing is great for your health, weight loss and make-up removal. Bring tissues for the laughter! And I hope we'll uncover some great truths.

J. Parenting Economics: Teaching Our Families About Living In God's Economy: Stacy Wittkamp - With so many people suffering from financial problems these days, our hope for the future is in believing that tomorrow's leaders and consumers will do a better job of managing their money than those of our current generation. As parents, we can shape the attitudes and habits about money that our children will take into their adult lives and learn a lot about ourselves in the process! (Referred by Rany Schmitz)

K. Prayer Fresheners: Rose Fallen - Ever feel your usual methods of prayer have grown a bit "stale?" If you long for a "breath of fresh air" in your prayer life, join us as we consider some different ways of offering God our prayers: singing, writing/drawing, praying scripture, "borrowing" prayers of others. We'll also talk about LISTENING for God's voice in prayer time so our prayers are dialogues, not just monologues.

L. Tearing Down The Walls And Rebuilding Your Marriage: Heather Thomas - Have walls been built in your marriage over the years? Come hear how God broke down the walls of hurt, resentment and unforgiveness, then built greater intimacy and passion in our marriage. Also, find out God's plan for the wife's role in marriage and practical ideas to fulfill it.

M. The Freedom Of Submission: Rany Schmitz - What a joy it is to experience freedom and true blessings from God when you submit to Him. See how submission to the Lord can be an over-flowing blessing that can transform your life, your intimacy with your husband and your walk with Christ.



FunShops Offered Sessions 3 & 4
Saturday, March 6, 2010 (11:00 a.m. & 1:00 p.m.)

A. A Woman's Unique Influence: Rebecca McNeil - Friendships and relationships: We all have 'em! They are golden jewels given to us by God, and in a woman's hands they shine...so divine! Let's develop these and make them fun, strong and lasting.

B. "Car Sense" – Basic Automotive: Jerry Pederson - Designed with the woman in mind; hear what every woman should know about the operation and care of her car, plus learn the terminology mechanics use that will save you money.

C. Discover Your Creative Side: Jean Goodman - Not creatively inclined? Think again! In just a few minutes at this Stampin' Up FunShop, I'll have you creating beautiful art on a card that you can take home and be proud to send. (Referred by Linda Lafoon)

D. Easy To Elegant Entertaining: Jeanna Phelps - Learn how to throw a simple soiree for 6 or a fabulous event for 30 or more. I'll teach you all my secrets for making entertaining fun and easy.

E. Fantastic Comes In All Sizes: Angela Lewis - Under it all – the perfect outfit starts with you. Perfect color, perfect fit, perfect size – all for you!! Come get measured and fitted to make your clothes look fabulous. (Referred by Linda Lafoon)

F. Financial Planning For Your Future: Dan Homan - Discover a new twist on an old recipe. When baking a cake, it all starts with the right ingredients. The same is true with your financial future. We will make sure you have the "right ingredients" to prepare for college expenses, retirement needs and other financial goals, so you can have your cake and eat it too!

G. Going Local 9-5: Annette Reeder - Let me introduce you to some of the best gifts given to you by God: fruits and vegetables. This class will surprise your taste buds with new treasures and provide an assortment of ideas to stretch your family's desire to enjoy more fruits and vegetables in their diet. (Referred by Sylvia Williamson)

H. Jazz Up Your Skin: Marianne Alderson - Come learn the basics of skin care and advanced beauty methods and see a complete face lift. Also, receive techniques that are best suited for your skin type. (Referred by Faye Airhart)

I. Live Like Your Nail Color Even If You Have Naked Nails: Mary Foley - With demanding schedules, busy careers and tough times, it's time to replace feelings of stress, fear, and frustration with sanity, confidence, and fun - all while doing your nails! In this fun, interactive session, you will learn what it means to live like your nail color: the real definition of today's Wonder Woman (it's so not what you think!), how becoming more comfortable with change is just one nail color away, and the key to laughing easily and often. (Referred by Sandra Sylvester)

J. Loving His Adventurous Heart: Mike Young - Playing football, climbing trees or racing cars - life on the edge appeals to your husbands, sons, fathers, and brothers. Explore why God made them this way and how you can appropriately encourage his adventurous spirit. We'll also discuss the “Ultimate Adventure” that every man should engage.

K. Scrapbooking For “Dummies”: Michele Barker/Amy Ferrell - Do you have photo chaos or untouched scrapbooking supplies and need help now? Come and learn tips about photo organization and simple scrapbooking that will help you not just start albums but complete them. Please bring 4-6 photos to create a beautiful Photo Sharing Card. (Limit 25 per session)

L. Stress and Women's Health: Karen Brooks - Are you stressed out? As a woman, do you function in a variety of demanding roles that leave you exhausted at the end of the day? Do you ever wonder why you run out of steam? Come find out what your body is doing in response to the stress and what you can do to help it. (Referred by Stacey Atkins)

M. You Don't Have To Be Superwoman To Be A Super Woman Of God!: Andrea Gohmert - Learn how to balance your life spiritually, mentally, physically, and emotionally so that you can be the woman, mother, friend, daughter, wife, and worker God wants you to be. No cape needed!



Deb Douglas

The FunShops Team is pleased to welcome Deb Douglas as our keynote speaker this year.

Deb Douglas is a LifeWay Ministry Multiplier. She and her family reside in Bossier City, LA. Deb is the minister to women at First Baptist Bossier.

Deb is also a freelance women's ministry consultant, a special event speaker, and a writer. She has been called to serve through the ministry of equipping, encouragement, and laughter. She has taught graduate and undergraduate level workshops at Canadian Southern Baptist Seminary, Cochrane, Alberta; Southern Baptist Seminary, Louisville, KY; and LifeWay Conference Centers at Glorieta, NM and Ridgecrest, NC. She has written her life story of growing up dyslexic for Lifeway's "Special Education Today" Winter 2003 issue. Deb is one of the devotional writers in "HeartCall" and "Open Windows" and a contributor to www.lifeway.com, "Missions Mosaic" and www.mymissionfulfilled.com.

As you get to know Deb, you will find out that she enjoys seeing people coming to know Jesus as Savior and Him meeting their needs. One of the most humorous things about her is when she graduated from seminary, she looked in the mirror, saw how much it had aged her, and headed to the beach with her husband to relax. She promised she'd never go back to seminary, but did for her doctorate degree. Her hobbies include weaving baskets, sewing and cooking. The most unusual thing about her is she has lived her life backwards--she's dyslexic!

Deb, originally from Tuscaloosa, AL, is the wife of Paul, the mother of Jared (27) and Katie (24), and the mother-in-law of Emily Beck Douglas.



March 5 & 6, 2010

Friday Evening

- 5:00 p.m. Registration
- 6:00 p.m. Dinner
- 7:15 p.m. Music & Worship
- 8:10 p.m. FunShop 1

Saturday

- 8:00 a.m. Continental Breakfast
- 9:00 a.m. Music & Worship
- 10:00 a.m. FunShop 2
- 11:00 a.m. FunShop 3
- 12:00 p.m. Lunch
- 1:00 p.m. FunShop 4
- 2:00 p.m. Music & Worship
- 3:30 p.m. Closing

Directions to:

Swift Creek Baptist Church
7511 N. Spring Run Road
(739-3001)

From Richmond:

- Take 360 West past Brandermill, Harbour Point Shopping Center and Clover Hill High School.
- Turn left onto N. Spring Run Road at the stoplight (look for Walgreens on your right).
- The church is 1/3 mile on your left.

From the Woodlake/Amelia area:

- Take 360 East and pass Lowe's Home Improvement Warehouse.
- At the next stoplight, turn right on N. Spring Run Road (look for Walgreens on your left).
- The church is 1/3 mile on your left.

Swift Creek Baptist Church

Women's Ministry invites you to...

Women's Winter FUNSHOPS

*Dance Like No One Is Watching:
Life isn't about waiting for the storm to pass...
It's about learning to dance in the rain*



*To everything there is a season,
...a time to laugh...a time to dance
Ecclesiastes 3: 1, 4*

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